



Jaime Townzen is a Southern California-based writer and professional artist whose watercolor paintings have earned international recognition. Her essays and microfiction have been published in *Light* magazine and *Fairfield Scribes*. Jaime's debut novel, *Absorbed*, was released in January 2025. When Jaime's not in her studio, she can be found at the beach with her family and their dogs or listening to live music.

EXPERT TOPICS

- *Absorbed*: A Coming Of Age 90's Story That Helps Bring Gen X Moms & Gen Z Daughters To Understand Each Other More
- Jaime's Journey: Navigating the Shift from Stay-at-Home Mom to Unexpected Caregiver
- The Gen X Balancing Act: Helping Boomer Parents and Raising Gen Z Kids Without Losing Yourself
- The Secret to Parenting Teen Girls: How to Listen So They'll Actually Talk to You
- Passport to Perspective: Why Traveling Abroad in Your Youth Shapes Your Future
- Energize Your Life By Setting Habits: The Power of Prioritizing What Fills You Up
- How Jaime Found Calm & Joy Through Watercolor

FEATURED ON



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Book Topics

- Sexual Consent
- Reproductive Rights
- Experimentation
- Finding One's Voice
- Trauma Response
- Art As Therapy

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Jaime Townzen

Author, Artist

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SYNOPSIS

Lifeguard Stacey Chapman is dreaming of love, and drowning in bad decisions. It's 1996, the summer before senior year, and Stacey attempts MTV cool-girl confidence while flirting with Jessie, a sexy skateboarder she's ogled all year. When Jessie pressures her into sex, Stacey's unprepared and afraid to say no. Too ashamed to confide in her mom or her best friend, Gabe, she conspires with another lifeguard to destroy Jessie's reputation, and in the process they obliterate Stacey's good-girl image. Finding refuge in her art teacher's watercolor workshop, Stacey finally begins to untangle who she has become from the art and music career she really wants. But before summer is over, a botched pool rescue snaps Jessie's spinal cord, and Stacey has to answer for her part in the tragedy.

For fans of Jenny Han's *Summer I Turned Pretty* series, Jessica Anya Blau's *Mary Jane*, *Looking for Jane* by Heather Marshall and Allison Larkin's *The People We Keep*

Book Title:	<i>Absorbed</i>
Page Count:	359
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Publisher:	Palm Tree Press
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Available Formats: Hardback, Paperback, e-book & audiobook

Where To Buy: Everywhere Books Are Sold



Praise for *Absorbed*



Kirkus Reviews

Relationships memorably ebb and flow over hot summer days in a Southern California town. Stacey's teenage angst is universal and will resonate with young readers of any era; altogether, this is an absorbing read.



Mari Carlson

US Review of Books

What at first seems like a teenage beach read turns into a tribute to art's place in a young woman's life. What she learns and applies in her life about perspective, expression, and letting go inspires the book's audience, too.



Jessica Snoke

Reedsy Discovery

Absorbed is a great reminder of how difficult it can be navigating the teenage years, but also how those experiences can shape who we become.



Diane Donovan

Midwest Book Review

A thoroughly engrossing story, full of book club discussion material about coming of age, growth and transformation...encourage readers to draw better connections between thought, direction, and the consequences of infatuation.